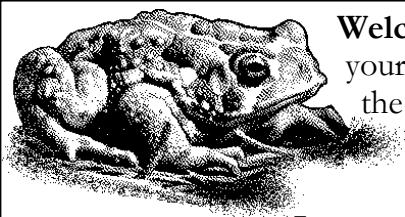


Summer Activities



Welcome to Warriors' Path State Park! We hope you will enjoy your visit! While you are with us, we invite you to take advantage of the rich natural beauty and wealth of opportunities for enjoyable recreation here at the park.

PARK PROGRAM STAFF:

Lauren Stewart, Josh Armentrout, Marty Silver



MONDAY, JULY 13

- 4:00 PM BUILD A BIRD'S NEST** - Birds can do it, but can we? Let's find out who is a real "bird brain". Meet at the main bath house.
- 6:00 PM ANIMAL FOODS** - Park wildlife can't go shopping at Walmart or Food City - but they do need to eat! Come find out more about what our nearby "critters" are having for lunch. Meet at the Open Air Chapel, or main bath house if it is raining.
- 9:00 PM "ALIENS" AMONG US** - Not creatures from Mars, but non-native plants and animals. Come find out how these "invaders" traveled here, and how they affect our native species. We'll have a quick game for the children, and then an informative slide show. Meet at the Open Air Chapel, or pool entrance if it is raining.

TUESDAY, JULY 14

- 9:30 AM WHITETAIL ADVENTURE HIKE** - Come investigate some deer habitat, and find out more about their special place in our region's natural and human history. We might even spot some deer "at home" in their habitat. Meet at the camper check-in station, and we'll carpool
- 11:00 AM WIND CHIMES** - Use natural materials to make a "nature reflection" of the summer breezes. Meet at the main bath house.
- 12 NOON RIVERBANK STROLL** - This green river valley has seen generations of travelers. We'll travel together, and search for signs of the wildlife and the people who came before us. Meet at the main bath house.
- 2:00 PM PAW PRINT JOURNALS** - Create your own personalized booklets, using local animal's tracks! Your unique design is only a "footstep" away. Meet at the main bath house.
- 4:00 PM MYSTERY ANIMAL GAMES** - Can you solve natural "mysteries?" Test your knowledge of park wildlife with the great game. Meet at the Open Air Chapel, or main bath house if it is raining.
- 5:00 PM CAVE MAKING** - It takes a loooooong time to make a real cave, but we can quickly make our own cave models, and discover more about these amazing underground places at the same time! Meet at the Open Air Chapel, or main bath house if it is raining.

TUESDAY, CONTINUED

- 7:00 PM** **SKULLS - NATURE'S TOOL BOX** - Every animal carries along all the tools it needs for survival! Come investigate some natural "tool boxes," and find out more about each animal's job! Meet at the Open Air Chapel, or main bath house if it is raining.
- 9:00 PM** **NIGHT HIKE TO SINKING WATERS** - It's a whole different world out there at night! Tonight is our chance to discover the peace and the excitement of a night in the Sinking Waters wetland. Bring a dim flashlight and drive to the camper check-in station. We'll carpool out to the park back country.

WEDNESDAY, JULY 15

- 8:30 AM** **BREAKFAST WITH THE BIRDS** - Come wake up to our feathered neighbors. Meet at the main bath house to begin a stroll through bird country! (The first 12 people to come get free doughnut & juice!)
- 9:30 AM** **LAKE SIDE HIKE** - Let's enjoy a peaceful morning hike and find some different habitats along the Lakeshore trail. Meet at the main bath house.
- 11:00 AM** **DIGGING INTO HISTORY** - How do archeologists dig into our past? Come try your hand at a mock archeological dig. Meet at the camper check-in station. Be prepared to get a bit dirty.
- 1:00 PM** **NOSING FOR NATURE** - Nature is full of amazing aromas - some things smell great, and some smell terrible! Let's use our noses to "sniff out" some new discoveries. Meet at the Main Bath House.
- 2:00 PM** **NATURE ART** - You'll be amazed at how creative you can be with nature's own "crayons". Meet at the Open Air Chapel to create your own natural masterpiece. If it is raining, meet at the main bath house.
- 3:00 PM** **JUNIOR RANGERS: TRAIL CLEANUP** - Make our park a cleaner, healthier environment! You'll make a big difference for our earth, and begin to earn your Junior Ranger badge. Meet at the main bath house. Be prepared to get dirty!
- 5:00 PM** **NATURE GAMES** - Don't miss the natural fun - for the young or the young-at-heart! Meet at the Open Air Chapel for some lively games about our natural world. If it's raining, meet at the main bath house.
- 7:00 PM** **EVENING STROLL** - Let's wake up our senses to evening in the forest. Meet at the main bath house for a short, refreshing hike.
- 9:00 PM** **TENNESSEE WILDERNESS** - Enjoy a slide-illustrated tour of Tennessee's wild, scenic places and the special values they hold. After the slide show, we'll have a demonstration of how to read wildlife signs. Meet at the Open Air Chapel, or pool entrance if it's raining.

THURSDAY, JULY 16

- 9:30 AM** **RIDGELINE HIKE** - Come hike the high ridges to get a new view of our park. Enjoy the ancient forests, the excitement of wildlife activity, and the peace of the deep green woods. Meet at the camper-check in station, and we'll carpool.
- 12 NOON** **ORIENTEERING** - Don't get lost! Come learn how to use one of the world's oldest and most useful navigating tools. Then we'll set out on an "expedition" of our own! Meet at the main bath house.

THURSDAY, CONTINUED

- 1:00 PM** **POND & STREAM RAMBLE** - Ponds and streams are full of life on these hot midsummer days! If we can wait patiently, and don't mind getting a bit dirty, we might "sneak up" on some amazing wetland wildlife discoveries! Drive to the camper check-in station, and we'll carpool to this cool, muddy walk.
- 3:00 PM** **SUNDIAL WATCHES** - Now is a perfect time to find out how to use our earth's oldest clock! Meet at the Open Air Chapel for some bright discoveries.
- 4:00 PM** **TAG** - You're it! You're the one we need to make all these great tag games work. Meet at the Open Air Chapel for all kinds of tag games. If it is raining, meet at the main bath house.
- 5:00 PM** **CRITTER CONES** - Pine cones aren't critters! But we can use them to create a critter. Bring one or two pine cones to the Open Air Chapel, and find out how. In case of rain, meet at the main bath house.
- 6:00 PM** **ID THE TREE** - "Wood" you like to know what tree you are camping under? You don't want to "leaf" the park without finding out! Meet at the main bath house, and we'll learn some local trees together.
- 9:00 PM** **OH DEER** - Discover more about some of the biggest wildlife in the park. We'll enjoy a game, a demonstration, and a slide show about our white-tailed neighbors. Meet at the Open Air Chapel, or pool entrance if it's raining.

FRIDAY, JULY 17

- 9:30 AM** **DEVIL'S BACKBONE HIKE** -Come hike to the high places, and get some new views of our park land. Drive to the camper check-in station, and we'll carpool to the start of an invigorating hike.
- 11:00 AM** **LITTER BUGS** - Meet at the Open Air Chapel and we'll see what strange creatures we can create out of garbage. Bring at least five piece of trash that you find along the way. In case of rain, meet at the main bath house.
- 12 NOON** **BIKE RIDE TO SHIPLEY CEMETERY** -Long years before this was a park, it was the Shipley family farm. As we visit their family cemetery, and the green hills beyond, we can get a better feeling for their land and their lives. Pedal on down to the camper check-in station. Use your head - remember to wear your helmet!
- 2:00 PM** **MAGNIFYING GLASS HIKE** - Use your eyes and some handy little magnifiers to get a close look at nature's amazing details. Meet at the main bath house to begin a short discovery walk.
- 4:00 PM** **TURKEY TALK** - Let's "talk turkey" about our biggest native game bird. Meet at the Open Air Chapel, or main bath house if it's raining.
- 5:00 PM** **PLANT DEFENSES** - They don't look too stressed, but even plants have their troubles! Find out how our green neighbors deal with the troubles of life. Meet at the Open Air Chapel to begin our short walk.
- 7:00 PM** **OLD TIMEY GAMES** - Enjoy some good-old fun! Try some games from the early settlement days of East Tennessee. Meet at the Open Air Chapel, or main bath house if it's raining.
- 9:00 PM** **TENNESSEE TALES** - Enjoy a slide-illustrated talk on Tennessee Folklife, and then share some good-old traditional tall tales. Meet at the Open Air Chapel, or pool entrance if it rains.

SATURDAY, JULY 18

- 10:30 AM SINKING WATERS RIDGE HIKE** - Explore succession - the changing face of nature - on the first loop of the Sinking Waters Trail. We'll discover the woodlands changing all around us! Drive to the camper check-in station, and we'll carpool to the start of the trail.
- 1:00 PM BIKE HIKE TO THE OVERLOOK** -Let's travel together, on bicycle and on foot, to search for signs of the people and the wildlife that have traveled here. Pedal on down to the camper check-in station. Note that ALL riders MUST wear a bicycle helmet!
- 2:30 PM 100 INCH HIKE** - Especially for small, tired feet! Discover life on the tiny side. This will also be a great chance to catch a critter for the races! Meet at the main bath house.
- 3:00 PM CRITTER RACE FOR FREEDOM** - Bring your best creepy crawler to the main bath house. They'll all win, because they'll all get their freedom. No pets or flying creatures please.
- 4:00 PM PIONEER SUPPLY WALK** - Try to meet your needs like the pioneers did. We'll find our "supplies" waiting for us in the forest. Meet at the main bath house.
- 6:00 PM LEAVE NO TRACE** - We can enjoy the wilderness, and leave the land as beautiful as it was. Find out how to camp and hike, and leave no signs of your presence. Meet at the campfire circle, or main bath house if it is raining.
- 8:30 PM MAKE A STAR WHEEL** - Want to learn the names of the stars and constellations? Want a new view of the night sky? Come to the Open Air Chapel to make your own guide to the starry heavens. In case of rain, meet at the pool entrance.
- 9:30 PM STAR GAZING** - There's a universe waiting to be discovered just above our heads. Let's look up and wonder at the stars. Meet at the campground check-in station, and we'll carpool. In case of rain, meet at the pool entrance for some night sky legends.

SUNDAY, JULY 19

- 9:30 AM WORSHIP SERVICE** - Enjoy a peaceful morning worship service at the Open Air Chapel, or at the pool entrance if it is raining. Sponsored by the Colonial Heights Baptist Church.

SPECIAL NOTE: We work hard to make our programs both safe and fun! However, as with any outdoor activity, there is always a risk of personal discomfort or even personal injury. Please use your common sense and care whenever you enjoy activities in the **Great Tennessee Outdoors.**

